

Retail this is around \$690 lab panel: **Our Cost is \$199** (that includes the blood draw fee)

At the end of this lab panel is instructions on how to order these labs, results, consultation, etc...

**Comprehensive Metabolic Panel (CMP 14):**

Alanine Aminotransferase (ALT/SGPT);

Albumin;

Globulin;

(A:G) ratio;

Albumin, Serum;

Alkaline Phosphatase, Serum;

Aspartate Aminotransferase (AST/SGOT);

Bilirubin, Total;

BUN;

BUN:Creatinine ratio;

Glomerular Filtration Rate, Estimated (eGFR);

Calcium, Serum;

Carbon Dioxide, Total;

Chloride, Serum;

Creatinine, Serum;

Globulin, Total;

Glucose, Serum;

Potassium, Serum;

Protein, Total, Serum;

Sodium, Serum.

(more labs below)

**Lipid Panel with LDL/HDL Ratio:**

Cholesterol, Total ;

Triglycerides;

HDL Cholesterol;

VLDL Cholesterol Calculation;

LDL Cholesterol Calculation;

Total Cholesterol/HDL Ratio

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Iron,

Serum with Total Iron Binding Capacity (TIBC),

Percent Iron Saturation, Unsaturated Iron Binding Capacity (UIBC);

Ferritin; LDH;

GGT;

Magnesium,

Serum;

Phosphorus, Serum;

Uric Acid, Serum;

**Thyroid Panel with TSH:**

Total T4,

T-3 Uptake,

Free Thyroxin Index (FTI),

and TSH.

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(More labs below)

Hemoglobin A1c; (diabetic screening)

C-Reactive Protein (CRP), High Sensitivity; (heart health)

Vitamin D, 25-Hydroxycalciferol;

**Complete Blood Count (CBC) with Differential and Platelet Count:**

Hematocrit,

hemoglobin,

mean corpuscular volume (MCV),

mean corpuscular hemoglobin (MCH),

mean corpuscular hemoglobin concentration (MCHC),

red cell distribution width (RDW),

percentage and absolute differential counts,

platelet count;

red cell count,

and white blood cell count (WBC).

**Function:** Used to evaluate status and function of many systems

(more labs below)

### **Urinalysis, Routine**

Parameters include

Color,

appearance,

specific gravity,

pH,

protein,

glucose,

ketones,

occult blood,

leukocyte esterase,

nitrite,

bilirubin, and urobilinogen.

Microscopic examinations performed on positive samples only (1)

**(Please see below for instructions)**

## Instructions on lab panel

1. You must obtain a requisition form from Dr. J. Alvarez
2. A consent to treat and inform form filled out (if one has not been filled out)
3. Payment of \$199 must be received before the requisition form is emailed to you (payment via over the phone is ok (this can save you a trip)
4. Reason: Lab Corp deducts this from my account, so payment must be made ahead of time. (if you do not have this requisition form, which will get you the discount, Lab Corp will charge you full price which is around \$690.)
5. Go to your local Lab Corp. (look them up online near you, they have many locations all over the US)
6. Do not pay lab corp, they should not ask for payment since the requisition form informs them you paid ahead of time at the Doctors office
7. Once the results are sent to my office, I email the results to you with a comprehensive report of what is going on (if any) and where to go from here (we can treat if it's not dangerous out of range... or if its "dangerous out of range, a Medical referral is recommended.
8. This method is NOT designed to use insurance
9. If you decide you want to use insurance
  - a. Then we require the full \$690 payment
  - b. A superbill will be issued to you
  - c. You bill your own insurance company (we will send you the itemized receipt to do so)
  - d. If you do not know how to submit a superbill to your insurance company...then call your insurance rep...they will guide you on how to do so (I recommend you as your rep for help on this method as it is tedious)

This is a very good and very comprehensive lab panel. Reviews a lot of systems in your body

Visit [www.elevation-sportsmed.com](http://www.elevation-sportsmed.com) for more information

Dr J. Alvarez

303-521-0130

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Please **Text** us for any inquires / questions you may have including to set up and appointment or consolation