

ELEVATION SPORTS MEDICINE CLINIC

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Payment Policy Agreement

(Non-personal injury or work comp cases) See PI / WC Lien agreement

ALL PAYMENTS MUST BE MADE AT THE TIME OF SERVICE, IRRESPECTIVE OF INSURANCE.

Our office will check your insurance coverage and benefits within 24 hours...if your insurance does indeed allow for a refund, we will gladly pay you back or credit your account.

Your contracted insurance rate of your deductible and co-pay does apply and is factored in to your payments for treatments.

For example: if you have a \$60 co-pay then its \$60 per visit because that is your contracted co-pay with insurance.

HSA and FLEX accounts are accepted. As well as credit cards, cash and check.

We do offer a time of service discount. If you insist on using your insurance **only** (vs the co-pay model) **then no time of service discount is offered and full fees will apply** until your deductible is met. (see below for fees for services and treatments).

On your second visit with us, we will discuss the "financial" side of care. 99% of the time this meeting goes very smooth. Because it boils down to 2 factors. Does your co-pay and insurance apply? Or does it not.

Other factors that influence payment policy?

1. There is a need (you are in pain and dysfunction of some sort) and are here to get better.
2. We have various methods to get you better through our PT / Rehab, Sports Medicine, Chiropractic protocols that are very safe and effective.
3. Depending on the degree of pain and dysfunction, your age and pre-existing, the time to get through **phase 1*** of care is variable (this will be discussed during your "report" or "game plan")
4. Depending on insurance, prognosis and treatments rendered, the \$ will vary (we will discuss this in detail on your second visit ... also known as the "report" or "game plan")

5. There are 2 common methods of payments:
 - a. Pay as you go
 - b. Pre-paid package
6. After **phase 1*** is completed (time varies depending on the severity of injury) we will discuss what the game plan looks like for phase 2 and phase 3)

Missed appointments and cancelations

There is a \$50 missed appointment fee, unless you let us know at least 6-24 hours in advance

You are welcome to text us to let us know you need to reschedule

Treatment (and other) fees:

1. Adjustments \$75
2. Decompression \$80
3. Dry Needling \$50
4. PT modalities \$30 each
5. Consultations \$40 per 15 minutes
6. Note / Record request: \$40 per request
7. X-Rays \$80 per area (region)
8. Exam \$60 - \$200 (depends on the extend of the exam, focused vs comprehensive)
9. Blood Chemistry (cost varies depending what is ordered...see website for details under blood labs)
10. Physicals \$80
11. Record review / consultations / case management report \$40 per 15 minutes (phone, email, in person)

Any questions, feel free to contact is via email, text, in person, via phone. (See above for numbers and email)

Below describes the phases of care

Phase 1* is considered the acute phase of care. This usually means you (the patient) come in to the office acute or in a lot of pain. Bottom line...IT HURTS!

Phase 1 of care is typically anywhere from 4 weeks to several months (depending on the severity of the injury). New patient video explains the estimated healing time

After phase 1 of care is reached (you are much better)

We then taper you into **phase 2**...the corrective care phase. Continuing treatments and to continue to allow the underlying tissue to heal and remodel. This takes 2 months to many months (depends on the severity of the injury)

After Phase 2...you then taper into **phase 3** of care. This phase is wellness care. As I like to say "tune ups" these generally are every 1 – 2 months or 6 – 12 times a year.

The more active you are the more this phase of care is valuable.

Taking care of your body is very important and our methods of care help you with that.

Dr. J. Alvarez BS, DC, FDN

A handwritten signature in black ink, appearing to read "Dr. J. Alvarez DC". The signature is fluid and cursive, with the letters "Dr" and "Alvarez" connected, and "DC" written separately at the end.