

# FOOD ALLERGY TESTING

## HOW THE LAB GETS THE RESULTS



IgG food allergy testing methods

HOW THE LAB GETS THE RESULTS

For an appointment: 303-521-0130

This specialized blood lab measures the antibodies present in the blood. The blood is rehydrated, then the blood is given the antigen (food) that is coated onto the plate. We then place the rehydrated sample in contact with the food. If there is an antibody present it will bind to the food. We then look for the presence of the human antibody. The more we detect the higher the value.

If you were looking for specific IgG research...you can visit:

<http://foodtest95.com/medical-studies/>

To see what the food allergy panel results look like, click here: (or cut and paste)

<http://www.elevation-sportsmed.com/food-allergy-testing/>

Call / Text us to set up an appointment: 303-521-0130

FOODS can cause:

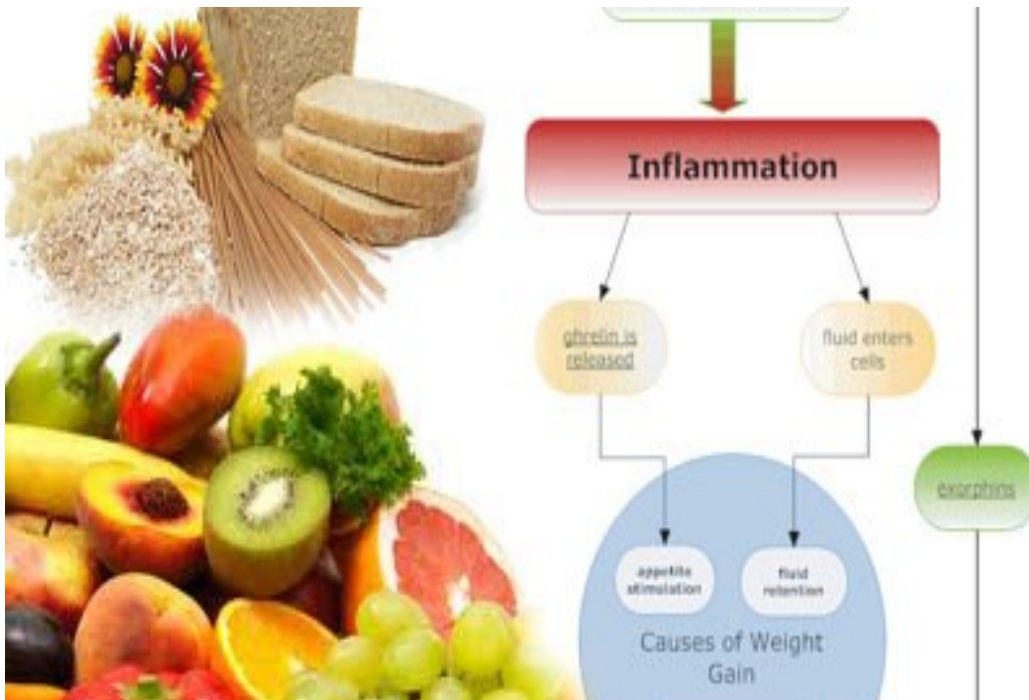
### *“How do we obtain the blood?”*

It is a simple finger prick, and drops of blood are put onto a special card and sent into the lab.

### *“How long before I get my results?”*

It takes 3 weeks. After we get the results, we email you the PDF copy of the food allergy panel results and go over them including “where to go from here” for more information on this visit:

<http://www.elevation-sportsmed.com/gastro-intestinal-stomach-detox-protocol/>



- Results are remarkable (once you begin to remove the foods that are causing inflammation.
- Takes out the guessing game of “food trial and error”
- Easier to lose weight and feel better
- Fixing your gut, fixes a lot of health problems.
- Call / Text us to set up an appointment 303-521-0130

What foods are you allergic or sensitive to? Call / Text Dr. Alvarez for a free consultation. Visit [www.elevation-sportsmed.com](http://www.elevation-sportsmed.com) for more information.